

Time/Place	Barn	Heartspace	Teepee	Cob hut	Kids space/ other
<b>Thurs am</b>	<i>Welcome</i>	<i>To</i>	<i>You</i>	<i>All</i>	<i>Namaste</i>
12 – 2pm	1.45 welcome meeting and info				Withy sculpture
2-4pm	Amanda opening class				Rob Patch, Kids workshop
4.30-6 pm	Brett	TBC			
7.30-10.00	Dance, music, maze	Storytelling			
<i>Peace</i>	<i>Quiet</i>	<i>Sleep</i>	<i>Dreams</i>	<i>Sky</i>	<i>Love</i>
<b>Fri 7-8am</b>			Meditation		
8-9.30 am	Sasha, hatha				
10-12am	Lucinda Anusara	Simon Hatha			Veronica/Alvin yoga
12-2pm					Withy sculpture
2-4 pm	Kate Shadow yoga	Barry satyananda			Rob/patch kids craft
4.30-6pm	Acro yoga metta	pranayama		Amanda Bunitng w/s for kids	
7.30-10pm	Danu Fox +friends	Storytelling			
<i>Peace</i>	<i>Quiet</i>	<i>Sleep</i>	<i>Dreams</i>	<i>Sky</i>	<i>Love</i>
<b>Sat 7-8am</b>			Meditation		
8-9.30 am		Carrie Laughter yoga -9-10ish			
10-12 am	Sasha Hatha	Simon Hatha	Danu Fox Voice, raag, toning w/s		Lucinda kids yoga
12-2pm					Wild food forage,
2-4pm	Acro active	Veronica kashmir			Rob patch kids craft
4.30-6pm	Acro metta	Jason Taiko drumming w/s	Val Japanese DO in workshop	Michelle kids craft	
7.30-10pm	Summer	Solstice	Celebration	Various	Events
<i>Peace</i>	<i>Quiet</i>	<i>Sleep</i>	<i>Dreams</i>	<i>Sky</i>	<i>Love</i>
<b>Sun 7-8am</b>			Meditation		
8-9.30 am	Staph astanga	Carrie, laughter			
10-12 am	Acro	Frankie sivananda			Veronica/Alvin yoga
12-2pm					wildfoodforage
2-4pm	Sasha Hatha	Veronica Kashmir			Rob patch kids activity
4.30-6pm	Kateshadow	Carol Iyengar		Raw chocolate making w/s	Michelle kids craft
7.30-10pm	Barry + all of us Kirtan	Storytelling			
<i>Peace</i>	<i>Quiet</i>	<i>Sleep</i>	<i>Dreams</i>	<i>Sky</i>	<i>Love</i>
<b>Mon 7-8am</b>			Meditation		
8-9.30am	Steph astanga	lucinda anusara			
10 -12am	Frankie sivananda	Simon Hatha			Amanda kids yoga
<b>Plus</b>	<b>More</b>	<b>I</b>	<b>Can't</b>	<b>Fit</b>	<b>On!</b>
All	spaces	are	available	to	use
by	everyone	when	they	are	not
already	timetabled	please	discuss	with	Amanda

Please note that the timetable is subject to change, according to class size, weather, new and exciting offers and opportunities, teachers' discretion, the element of chance etc. An up to date timetable will be on display daily in the barn

### SURYA 2009 Timetable